

IMPROVING YOUR BOTTOM LINE THROUGH VASTU SHASTRA

The design of your office and home has a great influence on your financial success. If your work and living environments are in harmony with nature they have a positive affect on your prosperity.

In nature all five elements (**earth, water, fire, air and space**) are in balance. When a home or office is built that balance gets disrupted. Vastu Shastra is an ancient architectural science that balances the five elements in any environment bringing maximum productivity and success.

As a part of this earth, we live in a sea of electromagnetic and stellar influences. Every shift produced in the atmosphere has the potential to affect our actions. Every particle of energy in the atmosphere is linked to the next particle. According to Vastu, the sun produces different qualities of energy on its path from east to west and influences our daily life. Each of the five elements is associated with a compass point and each direction has a specific influence on our business activities. Each aspect of a business or home is optimally supported by an individual direction.

The **northeast area** of your home or office is linked to the water element and influences your success. The northeast is good for entrances, managerial offices, research and development. If this area has proper Vastu, finances will grow and there will be positive cash flow. If there is a toilet, clutter, heating or lighting system or blockage, growth will be slow.

The southeast, which imparts the energy needed to complete transactions, is aligned with the fire element. Kitchens, lunchrooms in offices, computer rooms, heating and lighting systems and legal matters produce beneficial results in the southeast. When this area is utilized properly, there will be speedy transactions and profits. If there is a cut or blockage, transactions will be drawn out and investments will be sluggish.

The southwest is oriented to the earth element, and drives your financial support. A master bedroom in a home, offices for the chairman, directors and supervisors of a business are most effective in the southwest. With proper Vastu in this direction, financial backing will come easily along with secure savings. If there is a toilet or heating source, there will be cash flow problems and depletion of savings.

The northwest sector of your home or office is associated with the air element. It influences the ability to create and communicate. Bathrooms, conference rooms, bookkeeping, and sales offices work well in the northwest. If this area is according to Vastu principles there will be satisfied customers and clear communications. If there is a cut or blockage there will be inaccurate bookkeeping, dissatisfaction and confusion. The central area of an office or home is associated with the space element. If this area is open there will be business and career opportunities. With clutter, toilets, a kitchen or no open space in the center of an environment, there will be financial limitations.

The earth is a magnetic force and is composed of the five elements, as is our brain. The thalamus is the relay center for all sensory and motor skills in the brain. Neurological research has shown that the firing patterns of neurons in the thalamus function differently depending on which direction one is facing. Our mind is then the interactive result of the affect of the magnetic field on our brain cells. By placing our bodies and environments in alignment with the magnetic axis, we can think and act in tune with nature. Our actions will be more synchronised with the forces of nature, much like swimming with the stream as opposed to swimming against it. Many studies have shown that when one faces north at a desk they will be more productivity and success. Studies have also shown that sales increase when a sales person faces north or east when working with a customer.

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Unfortunately most modern architecture is based on function alone and is not designed to obey the forces of nature: **sun, wind, water, climate and the planets.** All aspects of a business—whether home or office based—are greatly enhanced when the functions mentioned above are in their proper position. If there is imbalance, these can be corrected by a qualified Vastu professional at Vastu Creations.

**TIP
OF THE
MONTH**



**WATER IS
THE KEY TO LIFE**

To stimulate financial growth in your life place a water fountain in the northeast area of your home or office. Fountains are very effective in moving "stuck" energy especially when it comes to finances.

Water symbolizes purity and enlivens all living things. Our bodies are made up of 70% water.

We can live for quite sometime without food, but we cannot survive very long without water.

Fountains with moving water enhance life-supporting energy. Fountains cleanse and absorb negative energy. They polarize light, creating ultraviolet light with ozone, which enhances all growth.

NEW FOR FALL/WINTER 2003

Now Available

CRYSTAL SHREE YANTRA

THE CRYSTAL SHREE YANTRA IS THE MOST POWERFUL TOOL YOU CAN USE TO INCREASE ABUNDANCE IN YOUR LIFE.

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\$50 each. Plus Shipping and Handling.

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MEET TWO OF OUR CLIENTS

Many Vastu Creations' clients write to us about the impact that the science of Vastu has had on their lives.

"My wife and I recently scheduled a home consultation from Vastu Creations. We were advised that the northeast corner of our home was missing, reducing our ability to get ahead financially. It seemed as though as fast as money would come in it would go out to pay for unexpected situations. Shortly after our Vastu consultation, we received a large sum of money from a past transaction. The Mastros made other simple adjustments to our home that also created a difference in the quality of our lives."

Dennis from San Francisco

"I can truthfully say that I have never heard of Vastu before you introduced

me to the concept, however, since making the adjustments to the office the change has been impressive.

Our business has picked up substantially with more new clients coming in and a much higher acceptance rate. After moving our consultations to a different area of the facility, we find our new patients to be much more relaxed and interested in our solutions to their problems. This has led to a healthier financial outlook for all of us in the office.

From a health standpoint, I lost a few extra pounds I have been packing around and now weigh the same as I did when I graduated from high school. It is all positive!"

Thank you for opening us a new view of the world and expanded possibilities."

Rhys Spoor, DDS, Aesthetic Dentistry

A STORY OF A MONK

A monk was on a pilgrimage and came upon a village where he begged for lodging on a very cold night. The villagers refused him shelter. He took shelter under a cherry tree in the fields.

He was very cold and could not sleep. He saw in the spring night the fully opened cherry blossoms laughing to the misty moon. Overcome with the beauty he became grateful to the villagers for refusing him shelter.

It was at that moment he became enlightened.

Life is immense, and each moment it comes with a thousand and one gifts for you. But when we are so preoccupied with the desiring mind you refuse all those gifts. A man becomes wealthy the moment he accepts with gratitude all that life brings. When your heart is full of gratitude any door that appears closed can be an opening for an even greater blessing.

After we complete a Vastu consultation focused on improving business and/or personal finances, we advise our clients to take time and reflect on the meaning of gratitude in their lives. So often, as in the story above, we lose sight of the bigger picture. To be grateful with what is your present circumstance, however it appears, is the fertile ground from which positive change occurs. Real change, that which we truly desire, does not occur without a grateful heart.

The next newsletter will feature our new book, *Altars of Power & Grace, Achieve Harmony, Health, Fulfillment and Prosperity*

STAY IN TOUCH!

Check out our products and services:

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The Purpose of Vastu Creations, LLC

is to reestablish the powerful connection and intrinsic harmony between man and nature by designing stress free environments, using effective, time proven tools that promote health, prosperity, positive relationships and happiness without costly structural changes. The Seattle based company brings the tangible benefits of Vastu Shastra to people across the world through appropriate architectural design, seminars and a variety of specialized products and personalized consultation services.

The science of Vastu Shastra recognizes the powerful influence that our work and living surroundings have on the course of our daily lives. Vastu is a 7,000 – 10,000 year old set of principles, which originated in India. It is the guiding tenet behind many of the most enduring structures ever created, and can easily be integrated into the western lifestyle.

Vastu Creations is a synergistic husband and wife team. Michael Mastro is an award-winning architect and developer and has designed buildings for Boeing and Microsoft, as well as numerous private homes and businesses. His wife, Robin, is a graduate of Mills College and holds a Masters Degree in Whole Systems Design. She has over 30 years of experience in the life-affirming arts and sciences. Vastu Creations has developed distinctive living and working settings for hundreds of clients worldwide.



Vastu Creations
THE ART OF SACRED LIVING