



Vastu Creations
THE ART OF SACRED LIVING

Vastu Creations Newsletter

HAPPY NEW YEARS FROM VASTU CREATIONS!

January - February 2006

SEE YOUR CUP AS HALF FULL

An excerpt from *The Way of Vastu...*

It's easy to notice what you lack in life; it takes effort to focus on appreciating what you already have. Practice believing that all your needs are met, using your heart as well as your mind to find and nurture the feeling of gratitude. To attract abundance, live with a grateful heart. The Bible says that those who have will be given more. It is true that those who have gratitude make more room within themselves, within their very nervous systems, to feel and experience an abundant, joyous life. Being grateful in your heart and soul requires a certain amount of humility; you realize you are not alone. As you offer your sense of defeat, frustration, or disappointment to the Divine, you make way for something new to unfold. Little by little, gratitude reclaims the sacred space within you, space that was once cluttered with demands and insecurities. Gratitude makes room for the ever-present abundance of the universe to begin moving toward you.

IN THIS ISSUE

- **NEW YEARS RESOLUTION: SET THE STAGE FOR PROSPERITY IN 2006**
- **Newspaper Article and Book Review**
- **Tour Schedule for January, February and Beyond**
- **Professional Training Course for Vastu Practitioners**

NEW YEARS RESOLUTION: SET THE STAGE FOR PROSPERITY IN 2006



Step into the energy of conscious living in 2006 and enhance your success, creativity, and health using these easy-to-do New Years tips that will positively affect the quality of your life:

1. Stimulate financial success by sitting facing north when paying bills or working on anything related to money. Scientific studies show neurons in the thalamus of the brain fire differently depending on which direction you are facing and this response will influence the quality of your health, success and more.
2. Sit facing east to enhance neuron response that supports your creativity and the ability to "think outside the box".
3. For deeper more refreshing sleep that will improve your health and productivity, sleep with the head of your bed to the south. Sleeping this way eliminates stress and improves health giving you deeper, more refreshing rest, allowing the body to recharge and refresh.

(continued)

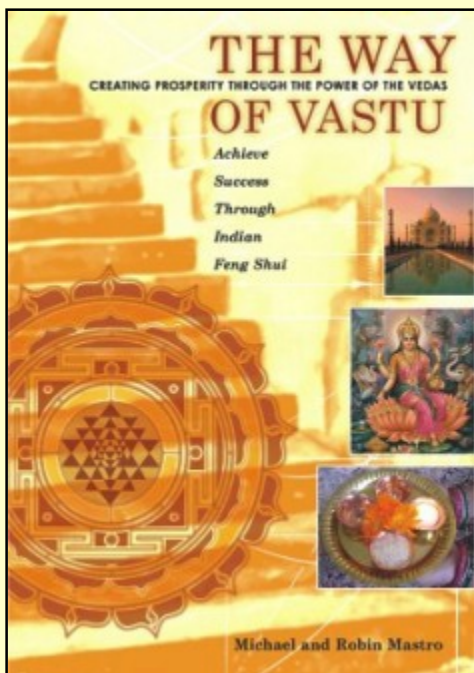
(New Year's Resolution continued)

4. Clutter is the number one cause of confusion and stagnation to your success and forward movement, so clear it! Wherever the clutter is in your home or office, it will create havoc in your life. In the north, it will affect your finances and in the northeast it will create disruption in your spiritual progress. If clutter is in the east, it can adversely impact your health. If you feel tired and sluggish, check the clutter in the southeast. If you are experiencing challenges in your career or your recognition in the world look for clutter in the south and get rid of it. Clutter blocks support from unseen sources and helpful people when it's in the southwest. You or your children might have problems learning or there might be blocks to creativity when clutter is in the west. Relationships may feel strained, especially those of a romantic nature, when clutter builds up in the northwest. When you clear clutter it will free up the energy to your success and happiness and give you a much brighter future.

By following these Vastu tips above, you will most definitely set the stage for a happy and prosperous New Year!

[New Years Special: Learn more about creating an abundant and joy-filled New Year through our award-winning books, Altars of Power and Grace and The Way of Vastu](#)

Newspaper Article and Book Review



We recently had a fabulous article written about us and Vastu by the King County Journal in Washington State. Please click on the link below to access the article. It is worth the read!

[Click Here](#)

BOOK REVIEW: Here's a wonderful review Ming Chan of Colorado wrote that we're sure will inspire you to read our new award-winning book, *The Way of Vastu ~ Creating Prosperity Through the Power of the Vedas*.

"I greatly enjoyed reading *The Way of Vastu*. In my opinion, it is more than just a book: it is a vehicle to transport people's imaginations and empower them to influence and improve the quality of their lives. *The Way of Vastu* was leisurely and graceful to read while providing important and useful information on the various aspects of Vastu.

Readers learn how to create positive energy and effects in their lives through their intentions in conjunction with proper and auspicious use of placement, directions, color, and materials in their homes, offices, etc. I particularly liked the sections on color and the section with the Full Moon Abundance Altar.

While *The Way of Vastu* is more of a survey of Vastu philosophy, methods and practices than the more specific information relayed in *Altars of Power and Grace*, it is a treasure! It's diminutive size in comparison to the larger format of *Altars* makes it more of a jewel of a book, which not only conveys engaging and informative content, but is refined, sophisticated, and beautiful inside and out."

***For those of you who have read our new award-winning book, we would greatly appreciate your support by reviewing *The Way of Vastu* on Amazon and/or Barnes and Nobel.

***If you would like to review either of our books, write about the changes you've experienced in your life after having a Vastu consultation done on your home or office, or endorse any of our products, please send your submittals to info@vastucreations.com. Who knows...your words may appear in our next newsletter!

[Click here to see the full cover, table of contents & first chapter](#)

Tour Schedule for January, February and Beyond



We invite you to join us at any of our presentations coming up in the winter and spring or to schedule an appointment either in person or online. Thousands of our clients can attest to the powerful effect that Vastu has had in their lives. Make yourself and your family a priority this New Year and learn more about this powerful environmental science!

[Click here for detailed information and links to venues shown in our tour schedule](#)

- January 15 – Bothell, WA 1:15 - 2:15pm - Vastu presentation, Bothell Hindu Temple. For more information, contact the temple at 425-483-7115.
- January 29 – Kirkland, WA noon – 2pm - Vastu lecture, Bastyr University
- February 2 – Seattle, WA 7-8:30pm - Vastu presentation and book signing, East West Bookshop. Contact store directly at 206-523-3726 for more information.
- February 4 – Los Angeles and surrounding areas - Vastu consultations. Contact Michael at 206-661-1117 to schedule an appointment.
- February 11 – San Jose to San Francisco - Vastu consultations and lecture at the Pleasanton Library. For more information or to schedule an appointment, contact Michael at 206-661-1117.
- February 15-20 – Bangalore and Delhi, India
- February 25 – Seattle, WA 10am–1pm - Vastu Basics Workshop. \$60 until February 22, \$75 thereafter. Contact the offices of Vastu Creations to register and for directions.
- March 25 – Anaheim, CA – The Learning Light Foundation – Vastu presentation and book signing at the Feng Shui Fest. Contact The Learning Light Foundation at 714-533-2314 to register and for more information. Consultations also available. To schedule an appointment, contact Michael at 206-661-1117.
- April 5 – Irving, CA 7:30-8:15am - Vastu lecture and book signing presented by the Inside Edge, University of California at Irving Faculty Club. Contact Adrian Windsor at 949-310-5538 or arealwin@aol.com for more information. Consultations also available. To schedule an appointment, contact Michael at 206-661-1117.
- April 6-10 - Kauai and Oahu, Hawaii - Book signings, presentations, lectures and consultations. Contact Mary Nolan at lrnsuccess@aol.com or 800-398-3134 for more information.
- June 24 - Denver, CO 8-9am - Guest Speakers at the Coalition of Visionary Resources (COVR) Breakfast at INATS West (International New Age Trade Show). Book signing at the New Leaf booth 11am. Denver Merchandise Mart. For more information or directions, go to www.inats.com
- June 29 - Mountain View, CA 7:30-9pm - Vastu presentation and book signing, East West Bookstore. For more information contact the store directly at 650-988-9800

***For those who live in the Greater Seattle area and would like a Vastu consultation, they are available by appointment. Experience a more prosperous, successful life in 2006 through the benefits that Vastu can bring by calling Michael at 206-661-1117. Why hesitate? Schedule your appointment today!

[Click here for our updated tour schedule and complete contact information](#)

Professional Training Course for Vastu Practitioners



Vastu Creations has developed the most comprehensive system of rectifying any home or office environment. For those interested in becoming certified Vastu Practitioners through Vastu Creations, please contact us at info@vastucreations.com or call us at 206-328-0122. This training will be available in the Spring 2006.

***Please feel free to forward our newsletters to your family, friends and/or associates.

Quick Links...

- [Register Now](#)
- [Last Month's Newsletter](#)
- [More About Us](#)
- [Additional Services](#)

email: robin@vastucreations.com
web: <http://www.vastucreations.com>