



Vastu Creations
THE ART OF SACRED LIVING

Vastu Creations Newsletter

March - April 2006 EVENTS AND INFORMATION

Greetings from Vastu Creations!

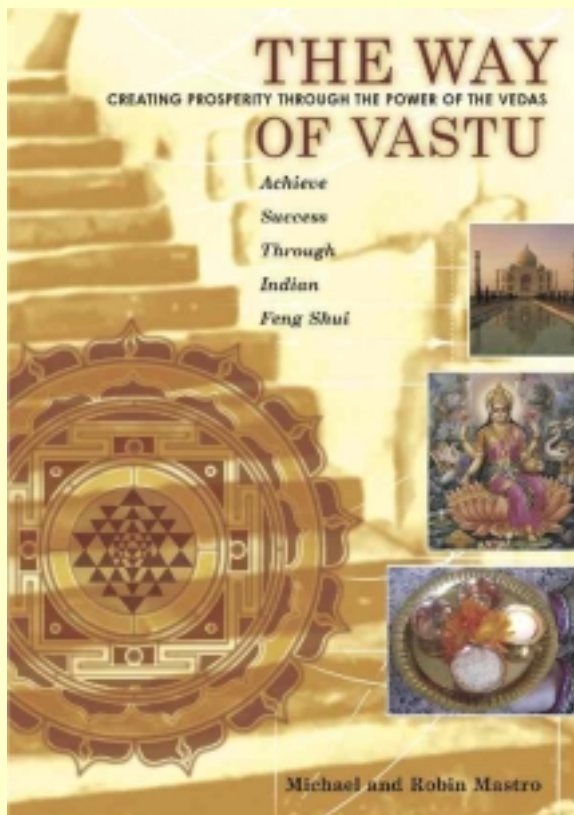
We are just beginning to see Seattle awaken from its wintry slumber. Rhododendrons are peeking out of their buds, almond trees are blooming, tulips are erupting from the soggy, cold ground. Spring in all its glory has a way of insisting it be recognized and as we more than not sleep under gray, rain-heavy skies, there is a quickening, an impatience, a readiness for the brilliant explosion of color that greets us in early spring here in the northwest corner of the US.

Along with early spring comes longer days for more time to spend in outdoor activity. We feel energized as the sun becomes stronger and we are fed by its warmth and life-enhancing ultraviolet rays.

In this issue

- [KEEP ON TOP OF THE CLUTTER...](#)
- [NEWSPAPER ARTICLE AND BOOK REVIEW](#)
- [UPCOMING TOUR SCHEDULE AND INTERVIEWS](#)

KEEP ON TOP OF THE CLUTTER...



AN EXCERPT FROM "THE WAY OF VASTU"

The primary way to improve the flow of abundance in your home or office is to *remove clutter*. Clutter creates stagnant energy, which is an obstacle to success. Studies have shown, and common sense confirms, that people who live in clutter-free environments are more productive and enjoy a better quality of life. The mind responds to a cluttered environment with disorganized thinking and poor decisions. Even a house with naturally good Vastu, or one that has been balanced according to the Way of Vastu, can be weighed down with negative energy if clutter is present. Clutter is overbearing and stifles creativity.

We have seen that clutter is like the energy that gathers in stagnated pools or like a sluggish river with many switchbacks. These eddies of stuck energy make you feel tired and muddy your thinking; it's as though you're dragging the past around. Clutter prevents you from

experiencing the joy of free and easy movement, and it stops success from blossoming in your future.

To purchase this book and to browse our website, please click on the link below.

www.vastucreations.com/products/books.htm

NEWSPAPER ARTICLE AND BOOK REVIEW



We are very excited to inform you that the Los Angeles Times ran a wonderful five page article featuring both our books and work! Please click on the link below to access the article, *Om Is Where the Hearth Is* by Barbara Thornburg. [Click Here for Article](#)

BOOK REVIEW: *The Way of Vastu* was reviewed in March by Midwest Book Review. They gave the book their highest rating! Here's what they said:

The Way Of Vastu: Creating Prosperity Through The Power Of The Vedas by Michael and Robin Mastro is a dynamic easy-to-use reference of the many explorations of Indian Feng Shui. Informing

the reader of how the shape of a building or property affects success, the powerful influence of the Cardinal Directions and the Planets, Mantras and Yantras: sacred codes to awaken prosperity, correcting geopathic stress in home or office, how using altars and ceremonies might generate abundance, and how to coordinate interior design to create a balance and harmony. *The Way Of Vastu* is highly recommended to all readers for its inevitably helpful content.

UPCOMING TOUR SCHEDULE AND INTERVIEWS



We will be traveling throughout the year to cities around the country. If you would like to have us in your area, please call the offices of Vastu Creations and your local book stores and events or conference coordinators. We enjoy spreading this wonderful knowledge and seeing how it makes a difference in people's lives. Wherever we go, we are available for private consultations by appointment. Our tour schedule is updated on our website regularly.

HERE'S WHAT'S ON OUR BOOKS RIGHT NOW:

- March 24 - Los Angeles, CA - "Inner Vision" Radio Interview on KPFK 1-2pm PT.
- March 24-25 - Los Angeles and surrounding area - Onsite Vastu consultations by appointment. Please call Michael at 206 -661-1117 to schedule.
- March 25 - Anaheim, CA - The Learning Light Foundation, 11am - Vastu presentation and book signing at the Feng Shui Fest. Contact The Learning Light Foundation at 714-533-2314 to register and for more information. Tickets are \$15.
- March 26 - Bothell, WA - Vastu Presentation at the Bothell Hindu Temple, 1pm.

3818 212th St. SE, Bothell, 98021. Call (425) 483-7115 for more information.

- April 3 - www.healthylife.net - Radio Interview on "Dating Right Now" 4-5pm PT
- April 4 - Los Angeles, CA - Onsite Vastu consultations by appointment. Please call Michael at 206-661-1117 to schedule.
- April 5 - Irvine, CA 7:30-8:15am Vastu lecture and book signing presented by The Inside Edge, University of California at Irvine Faculty Club. Contact Adrian Windsor at 949-310-5538 or arealwin@aol.com for more information. Consultations also available. To schedule an appointment, contact Michael at 206-661-1117.
- April 6-10 - Kauai, Hawaii - On-site consultations are available by contacting Michael at 206-661-1117.
- April 6 - Authors Reception - 4-5:30pm at Blossoming Lotus 4504 Kukui St., Kapa'a 808-822-7678.
- April 7 - Book signing - 7pm at Borders - Kukui Grove Shopping Center 4303 Nawiliwil Rd, Lihue 808-246-0862.
- April 20-23 - Portland, OR - Presentation and consultations. Please check our tour schedule for presentation location at www.vastucreations.com/tour.htm. For an onsite consultation contact Michael at 206-661-1117.
- May 6-7 - The Bay Area (San Jose to San Francisco) - Onsite consultations available. Please contact Michael at 206-661-1117.
- May 18-21 - Washington, DC. - Onsite Consultations available. Please contact Michael at 206-661-1117. Robin and Michael will also be at Book Expo America at the Washington Convention Center. If you would like to meet with the Mastros, please contact Vastu Creations at 206-328-0122.
- May 19 - Washington, DC - World Bank presentation.
- May 25-28 - Sedona, AZ - Presentation and on-site consultations. Please check our tour schedule for presentation location at www.vastucreations.com/tour.htm. For an onsite consultation contact Michael at 206-661-1117.
- June 20 - www.healthylife.net "Creative Health & Spirit" - Radio Interview 8-8:30am PT.
- June 24 - Denver, CO - Guest Speakers at the Coalition of Visionary Resources (COVR) Breakfast at INATS West (International New Age Trade Show), 8-9am. Book signing at the New Leaf booth, 11am. Denver Merchandise Mart. For more information or directions, go to www.inats.com.
- June 26 - Bothell, WA - Vastu Workshop 8am-6pm, Bastyr University. Contact the offices of Vastu Creations for more information at 206-328-0122.
- June 29 - Mountain View, CA - Vastu presentation and book signing at East West Bookstore 7:30-9pm. For more information, contact the store directly at 650-988-9800.
- July 14 - Lake Forest Park, WA - Presentation and book signing at 6:30pm, Third Place Books, 17171 Bothell Way, NE Lake Forest Park 98155. For more information, call the store directly at 206-366-3316.

We would be delighted if you'd forward this email to your friends and family!

Quick Links...

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- [Last Month's Newsletter](#)

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