



Vastu Creations
THE ART OF SACRED LIVING

Vastu Creations Newsletter

Summer 2006

Create Harmony and Balance in Your Home and Work Space

The world in which we live can be very challenging and stressful. The stress in our lives can take a toll on our health and create tension within relationships, both at home and at work. To support you in having less stress in your life this summer and always, we have come up with some wonderful fine-tuning tips and tools to infuse your home with balance and harmony. Your requests for an ongoing relationship with us to assist you in maintaining your living and working environments as havens - safe harbors in the storms of life - has stimulated our creative juices and opened the door for a plethora of dynamic products from Vastu Creations in support of your life.

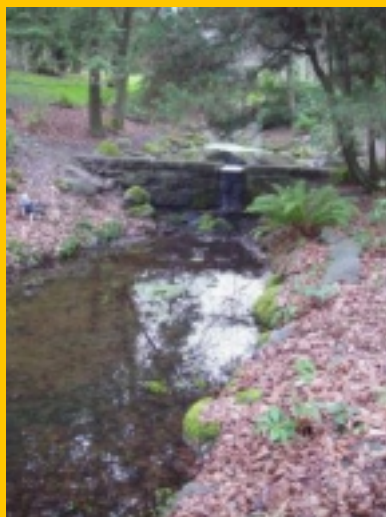
Over the next several newsletters, we will be offering some unique ways to attune your home and office, as well as, your mind, body and spirit to the positive forces of nature.

Once you've experienced the many benefits of aligning your home and work spaces with nature's support, which include the powerful influence of balancing the five elements, you owe it to yourself to maintain a stress-free, nurturing place for your soul to thrive. Many things can inhibit the flow of nature's support in a home or office such as disruptions caused by stellar or cosmic activity, geopathic or geomagnetic earth changes, hurricanes, excessive rain or even wind storms.

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• Tip #1 - Eliminate Stress in the Environment



Capture the essence of nature through sacred sounds that will enliven where you live and work with beneficial energy.

The Vastu Blessing CD Bring the Blessings of Nature into Your Life

If you haven't already, we highly recommend you purchase our Vastu CD which you can order online by clicking here. The cost is \$15 + shipping. This CD can be played on a dedicated CD player with the volume turned down low. You can play it 24/7 in any room of your home or place of work and it will help in balancing the five elements, reducing environmental stress, as well as aid in energizing directional yantras that are used in your home or office as part of an onsite or online Vastu consultation done by Michael.

*******NEWSLETTER SPECIAL*******

20% OFF any online Vastu home or office analysis (products not included). To receive an analysis with Michael, please call him directly at 206-661-1117. For more information on this service, please visit our website.

[Click Here for Information on Our Home & Office Services](#)

• Tip #2 - Enliven Your Environment with Space Clearing



Honor the Divine in All
You Do with Vastu
Creations' Blessing Tray

Here's an easy-to-do activity to enliven nature's support in your home and is especially powerful when done on the full moon.

Space Clearing purifies the environment and infuses it with new possibility. It is especially good to do on each full moon but it is not to be done the day before the full moon as its affect will not be as supportive. Space Clearing stimulates the energetic forces previously balanced through using Vastu by honoring the five elements and is a cosmic tune-up for your home or work space. It infuses the environment with enlivened possibility. Each time you use Space Clearing, set your intention to experience a more healthier, happier, prosperous month ahead filled with opportunities for growth with nature's support and see what happens!

The next three full moons are:

- July 10
- August 9
- September 7

There is a very powerful Space Clearing technique in our new book, *The Way of Vastu* ([click here to buy now](#)), which we suggest you use. If you don't own the book yet, below is a supplementary technique you can use.

While moving in a clockwise motion around your space:

- Take some lit incense into the NW area and ask for a deepening and more harmony in your relationships.
- Sprinkle a bit of water in the NE area and intend for a clearer, more sincere connection with the divine.
- Light a candle and bring it to the SE area and focus on good health for you and your loved ones.
- Sprinkle a few grains of rice in the SW area and request continued support from friends, family and business associates.
- End by standing in the center of your room, home or office and ask that your space be always filled with joy, laughter and expanded possibilities.

Chant the following mantra that blesses your environment three times:

- Mantra: Om Maha Bhagavataya Vastupurushaya Namaha
- Phonetic: Om Ma-ha Bhaga-va-tai-ya Va-stu-pu- ru-shai- ya Na-ma-ha

Vastu Creations offers a special Blessing Tray that makes this activity easy to do. It costs \$39.95 plus shipping. Order today!

[Order Your Blessing Tray here...](#)

• Share this Gift with Others...

Please spread the word!

Vastu Creations

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Offer the gift of positive change by sharing Vastu Shastra and us with your friends, business associates and family. The science of Vastu has the potential to enhance health, productivity and relationships.

Please forward this email to your friends and family and ask them to subscribe to our free online newsletter by going to www.vastucreations.com.

We look forward to serving you!

• Events and Appointments



Join the Mastro's
at an event near you!

Summer and Beyond...Events, Appointments, Booksignings and More!

Recent and upcoming articles by and featuring the Mastros:

- **Spa Magazine** - Article on Vastu featuring the Mastros available September 2006.
- **Light of Consciousness Magazine**, Autumn issue - article written by the Mastros available now. To subscribe to this beautiful magazine, go to www.light-of-consciousness.org.
- **What's New Magazine**, Dubai, United Arab Emirates - Vastu article by the Mastros coming soon! Distributed throughout the Middle East.

Event/Tour Schedule:

- June 29 - S.F. Bay Area - KWMR-FM, radio interview: Attunement with Anthony Wright at noon. This program can also be heard at noon on 6/29 by going to www.KWMR.org or 24/7 at www.attunement.biz.
- June 29 - Mtn. View, CA - East West Book Store, 7:30pm-9pm Vastu presentation and book signing. For more information contact 650-988-9800.
- July 9 - Bothell, WA - Bothell Hindu Temple, 1:30pm. Vastu presentation. 3818 212th Street, SE, Bothell. For directions, call 425-483-7115.
- July 14 - Lake Forest Park, WA - Third Place Books, 6:30pm. Vastu presentation and book signing. 17171 Bothell Way, NE. For more information, please call 206-366-3316.
- July 28-30 - Los Angeles, CA - Onsite consultations available. Please call Mike at 206-661-1117 to schedule.
- August 11 - Redmond, WA - Microsoft Campus, noon-1pm. Tips to Increase Productivity Through Vastu. Employees only. For more information, contact Payal at: Payal.Gupta@Microsoft.com. Consultations available. Contact Mike at 206-661-1117.
- August 25 - Portland, OR - Intel, noon. For more information, please contact Sridevi at 503-332-4300. Employees only. Onsite consultations for homes and offices open to everyone. Please contact Mike at 206-661-1117 to schedule.
- August 25 - Portland, OR - Ayurveda Plus Rejuvenation Center, 8pm. 3607 SW Corbett Ave. Vastu presentation. Tips for Success! Contact Richard Haynes at 503-248-4670 to register and for directions. \$10 Private consultations available. Contact 206-661-1117 to schedule.
- September 8 - Washington DC - World Bank, 12:30-2pm. For more information please contact mkm@mrmastro.com or 206-661-1117. Employees only. Onsite consultations available on a first come/first served basis for homes and offices.
- September 9 - New Jersey - Vastu Presentation: Vastu for Success. Onsite consultations also available. For presentation location and to book an appointment, please contact Mike at mkm@mrmastro.com or 206-661-1117.
- September 16 - Oakland, CA - Mills College Campus, 2:15-4pm. Literary Salon, Bender Room of Carnegie Hall. Open to the public. Presentation and book signing.
- September 29 - Sacramento, CA - Intel, noon. Employees only. Onsite consultations also available for homes and offices - open to everyone on a first come/first served basis. Please contact Mike at 206-661-1117 to schedule.
- October 1 - Livermore, CA - Hindu Temple, 1:30pm. Vastu Presentation. Contact Vadya Ananth at 925-784-4105 for more information.
- October 14 - Culver City, CA - Agape International Spiritual Center: Creating Sacred Space and Personal Success. 5700 Buckingham Parkway, Culver City, CA 90230 310-348-1250
- November 4 - Atlanta, GA - Vastu talk and consultations - location to be announced. Please check our tour schedule on our website for updated information. To schedule an appointment call Mike at 206-661-1117.
- December 9 - Washington, DC and Richmond, VA - Vastu talks and consultations - locations to be announced. Please check our tour schedule on our website for updated information. Call Mike at 206-661-1117 to schedule an appointment.
- December 2006 - Costa Rica - Vastu Training. More information forthcoming. Please check our tour schedule regularly for updated information.

Our tour schedule is updated regularly. [Click here for our most current listings.](#)